London South East Children's University
August 2024 Challenges

The summer holidays are upon us! I hope you have had a fantastic year at school and are ready to have fun and relax over your break! With the Paris Olympics and Paralympics taking place over the next few weeks, all of the challenges are linked to this special event!

You can choose to complete as many of these challenges as you wish – simply email your evidence (a photo is absolutely fine!) to Kate at BexleyCU@LSEAT.org.uk once you have finished the ones you would like to do.

Create a fact sheet about Paris!

The 2024 Olympics and Paralympics are being held in Paris, the capital city of France and we would like you to find out 10 facts about Paris. This might include information about some of the famous monuments and attractions you can visit there, share some of the history or even create a map of the different places where the Olympics and Paralympics games will be held!

Design an Olympic or Paralympic torch

Each Olympics and Paralympics has a different torch and it's really interesting looking back at the designs over the years. For the challenge, we would like you to design and make your very own 3D Olympic or Paralympic torch.

You can use inspiration from previous designs if you would like but this should be your design. You can use whatever material you have at home and if this is too tricky, you can simply share your drawing!

Recreate the Olympic rings or Paralympic logo

Both the Olympics and Paralympics have their own logos (which you can see below) and for this challenge we would like you to recreate them in whatever way you would like.

For example, maybe you and your friends could dress up in the colours and have a photo taken of you recreating the rings… or even create a collage! The choice is yours and try to be as imaginative as possible!

Try out an Olympic or Paralympic sport!

Something Louise really enjoys about watching the Olympics and Paralympics is seeing the variety of sporting activities and for this challenge we would like you to try out at least one Olympic or Paralympic sport.

You can find a list of all the sports via these links: https://olympics.com/en/sports/ and https://www.paralympic.org/sports

Try to get a photo taken of you trying out the sport and then share a few sentences telling me what you thought of it. You can write this or send me a video of you talking – whatever works best for you!